

## Breakfast

Breakfast served: Weekdays until 13h00  
& Weekends until 11h00

<b>LITTLE BREAKFAST</b>	R65
One egg, three slices of bacon, grilled tomato & toast	
<b>BIG BREAKFAST</b>	R120
Two eggs, four slices of bacon, beef or pork sausage, grilled tomato, mushrooms & toast	
<b>CLASSIC BENNIE</b>	R100
Two poached eggs on an English muffin, hollandaise sauce with either hickory ham or spinach. Replace English muffin with a giant mushroom R20	
<b>SALMON &amp; AVO BENNIE</b>	R130
Two poached eggs on an English muffin, hollandaise sauce with salmon & avo. Replace English muffin with a giant mushroom R20	
<b>SMASHED AVO ON HEALTH TOAST</b>	R90
Smashed avo, cream cheese & balsamic cherry tomatoes	
<b>FRENCH TOAST &amp; BACON</b>	R70
Two slices of French toast with three slices of bacon	
<b>OMLETTE - MUSHROOM</b>	R85
Two egg omlette with tomato, mushrooms, spring onion & cheese	
<b>OMLETTE - BACON</b>	R90
Two egg omlette with bacon, cheese & tomato	
<b>CREAMY MUSHROOMS ON TOAST</b>	R95
Sourdough served with creamy mushrooms, parmesan shavings & rocket	
<b>VEGGIE DELIGHT</b>	R80
Sliced avo, balsamic cherry tomatoes, grilled mushrooms & chickpeas served with sourdough	

## Tramezzini & Toasties

	Tram	Toast
BACON , EGG & CHEESE	R95	R85
CHEESE & TOMATO	R70	R60
CHICKEN MAYO	R95	R85
MOZZARELLA, BASIL PESTO & ROASTED TOMATOES	R95	R85

## Signature Sandwiches

<b>CHICKEN &amp; HALLOUMI</b>	R115
Grilled chicken with halloumi, avo, red onion, sweet chilli & rocket	
<b>PESTO CHICKEN</b>	R120
Grilled chicken with avo, tomato, lettuce, Basil pesto & parmesan shavings	
<b>SMOKED SALMON</b>	R135
Smoked salmon, chunky cottage cheese, capers & spring onions	
<b>BRIE CHEESE</b>	R115
Brie cheese, bacon, served with cranberry relish & guacamole	

## Light Lunches

<b>HALLOUMI FINGERS</b>	R75
Four halloumi fingers served with chillinaise sauce	
<b>HOMEMADE QUICHE &amp; SALAD</b>	R90
Please ask your waiter for daily selection	
<b>CHICKEN PESTO PENNE PASTA</b>	R165
Grilled chicken breast, creamy pesto sauce with parmesan shavings	
<b>CHICKEN SCHNITZEL</b>	R145
Panko crusted chicken breast & cheese sauce	
<b>CRISPY CHICKEN WRAP</b>	R110
with cherry tomatoes, piquante peppers, avo, cucumber, cheddar cheese & chillinaise sauce	
<b>HALLOUMI WRAP</b>	R110
with avo, lettuce, tomato, cucumber & herb mayo	
<b>FALAFEL WRAP</b>	R95
with hummus, red onion, cucumber, tomato & tzatziki sauce	

## Bread Options

RYE, HEALTH & SOURDOUGH  
Served with a choice of chips or salad

## Salads

<b>GREEK SALAD</b>	R100
Traditional salad topped with creamy feta & olives	
<b>HALLOUMI SALAD</b>	R115
Traditional salad topped with halloumi, piquante peppers & avo	
<b>CHICKEN &amp; AVO SALAD</b>	R115
Traditional salad topped with panko crumbed chicken & avo	
<b>SMOKED SALMON SALAD</b>	R150
Traditional salad topped with smoked salmon, cottage cheese, capers & served with health bread	

## Burgers

Served with chips or salad

<b>BEEF BURGER</b>	R120
Homemade pure beef patty, tomato, rocket & red onion	
<b>CHICKEN BURGER</b>	R110
Panko crumbed chicken breast, tomato, lettuce, red onion & chillinaise sauce	
<b>CHEESE BURGER</b>	R130
Homemade pure beef patty, tomato, lettuce & red onion, topped with a slice of cheese	
<b>BACON &amp; EGG BURGER</b>	R130
Homemade pure beef patty topped with bacon & egg	
<b>BUNLESS BURGER</b>	R130
Homemade pure beef patty on a mushroom topped with creamy feta, guacamole & sundried tomatoes	

## Sauces

CHEESE SAUCE	R15
MONKEY GLAND SAUCE	R15
CHILLINAISE SAUCE	R15
HERBY MAYO SAUCE	R15

## Dessert | Bakery

APPLE PIE	R60
PEPPERMINT CRISP DESSERT	R60
ICE CREAM & CHOCOLATE SAUCE	R60
CHOCOLATE BROWNIE	R60
CAKE SELECTION	R65
CHURROS WITH CARAMEL SAUCE	R65
SCONE WITH CREAM & JAM	R55
SCONE WITH CHEESE & TOMATO	R55

## The Sides

EGG	R10
AVOCADO	R28
BACON   GRILLED MUSHROOM   PORK SAUSAGE   BEEF SAUSAGE	R30
HALLOUMI	R35

## Sunday Roast R200

Join us on Sundays for our plated roast, served from 12h30; pre-bookings only. Roast lamb, chicken, potatoes, rice, two vegetables, mint sauce & gravy. End with Malva pudding & ice cream

## Pensioner's Special R65

Homemade scone with cream & jam or a slice of cake. Served from Tues - Fri with tea or cappuccino

## Tea for Two R240

Beautifully displayed scone, cake of the day, dainty sandwich & biscuits, accompanied by Ceylon tea or cappuccino

## KIDS MENU

Main meal		Dessert	
EGG ON TOAST	R35	ICE CREAM Cone	R20
FRENCH TOAST	R30	WAFFLE on a stick	R35
TOASTED CHEESE	R45	Drinks	
HOT DOG	R45	BOX JUICE	R25
CHICKEN STRIPS	R55	MILKSHAKE	R35
BEEF BURGER	R60	SLUSHY	R20
SPAGHETTI BOLOGNAISE	R65	HOT CHOCOLATE   MILO	R30
PLATE OF CHIPS	R40	BABY CHINO	R15

## Cold drinks

<b>SODAS</b>	R30
Coca Cola, Coke Lite, Coke Zero, Crème Soda, Fanta Orange, Sprite, Sprite Zero	
<b>MIXING SODAS</b>	R30
Lemonade, Soda Water, Tonic Water, Dry Lemon, Ginger Ale	
<b>APPLETISER   GRAPETISER</b>	R39
<b>ICE TEA</b>	R39
Peach or lemon	
<b>REDBULL</b>	R45
<b>TOMATO JUICE</b>	R45
<b>CORDIALS</b>	R10
Lime, Passion Fruit & Kola Tonic	
<b>MINERAL WATER</b>	R29
Still or Sparkling	
<b>FRUIT JUICE</b>	R35
Orange, Mango & Fruit Cocktail	
<b>MILKSHAKES</b>	R45
Chocolate, Strawberry, Vanilla, Bubblegum & Caramel	
<b>ICED COFFEE   COFFEE FREEZO   CHOCOLATE FREEZO</b>	R46

## Hot Drinks

<b>FIVE ROSES   ROOIBOS</b>	R30
<b>HERBAL TEA</b>	R32
Please ask your waiter for selection	
<b>CARMEN TEA</b>	R35
Tropical Burst, Turkish Delight, Floral Berry, Orange Camomile, Citrus Chai, Creamy Mint	
<b>AMERICANO   REFILL</b>	R33 R23
<b>CAPPUCCINO   WITH CREAM</b>	R38 R45
<b>RED CAPPUCCINO</b>	R40
<b>ESPRESSO SINGLE   DOUBLE</b>	R26 R30
<b>CAFÉ LATTE   CAFÉ MOCHA   MILO   CHAI LATTE   HOT CHOCOLATE</b>	R40
Extras: Decaf   Cream   Almond Milk	
	R10



## Beers & Ciders

<b>BEERS</b>	R36
Castle, Black Label, Amstel & Castle Lite	
<b>WINDHOEK DRAUGHT 440ml</b>	R45
<b>CORONA</b>	R48
<b>HEINEKEN   HEINEKEN ZERO   SILVER</b>	R40
<b>HEINEKEN DRAUGHT 500ml</b>	R50
<b>CASTLE LITE DRAUGHT 500ml</b>	R45
<b>SAVANNA</b>	R42
Dry   Lite   Non Alcoholic	
<b>HUNTER'S DRY   DRY ZERO</b>	R40
<b>FLYING FISH</b>	R35
<b>BERNINI BLUSH</b>	R35
<b>BRUTAL FRUIT</b>	R35
Ruby Apple, Strawberry Rouge & Litchi Seche	

## Spirits & Shots

<b>J&amp;B   BELL'S</b>	R32
<b>JACK DANIEL'S</b>	R40
<b>JAMESON</b>	R40
<b>JAMESON SELECT RESERVE</b>	R55
<b>JOHNNIE WALKER BLACK</b>	R50
<b>JOHNNIE WALKER RED</b>	R38
<b>BALLANTINE'S 7YR</b>	R38
<b>ABSOLUTE VODKA</b>	R35
<b>BACARDI RUM</b>	R30
<b>KLIPDRIFT</b>	R30
<b>RICHELIEU</b>	R30
<b>CAPTAIN MORGAN</b>	R30
Black label   Spiced Gold	
<b>BUMBU RUM</b>	R55
<b>JÄGERMEISTER</b>	R38
<b>OLMECA Reposado   Blanco</b>	R35
<b>JOSE CUERVO Reposado</b>	R35
<b>LOS LOCAS Reposado</b>	R55
<b>AVION Reposado</b>	R80
<b>PONCHOS Coffee Infusion</b>	R35

## Bubbles

	Glass	Btl
<b>L'ORMARINS BRUT CLASSIQUE</b>	R95	R395
<b>L'ORMARINS BRUT CLASSIQUE ROSÉ</b>		R395
<b>SIMONSIG KAAPSE VONKEL SATIN NECTAR</b>		R395
<b>PONGRÁCZ BRUT</b>		R395

## White Wine

	Glass	Btl
<b>PROTEA SAUVIGNON BLANC</b> by Anthonij Rupert	R60	R175
<b>KEN FORRESTER PETIT CHARDONNAY</b>		R160
<b>KEN FORRESTER PETIT CHENIN BLANC</b>		R160
<b>DIEMERSDAL UNWOODED CHARDONNAY</b>		R200
<b>LA MOTTE SAUVIGNON BLANC</b>		R225
<b>KEN FORRESTER OLD VINE RESERVE CHENIN BLANC</b>		R365

## Rosé Wine

	Glass	Btl
<b>PROTEA</b> by Anthonij Rupert	R58	R175
<b>WARWICK THE FIRST LADY</b>		R220

## Red Wine

	Glass	Btl
<b>PROTEA MERLOT</b> by Anthonij Rupert	R62	R175
<b>WARWICK THE FIRST LADY CABERNET SAUVIGNON</b>		R275
<b>KANONKOP KADETTE</b>		R265
<b>ANTONIJ RUPERT OPTIMA</b>		R520

<b>AMARULA</b>	R30
<b>KAHLÚA</b>	R35
<b>MARTELL BLUE SWIFT COGNAC</b>	R115

## Gin Bar

<b>BEEFEATER</b>	R38
London Dry   Blood orange   Pink Strawberry	
<b>TANQUERAY</b>	R40
Dry Gin   Flor de Sevilla   Royale	
<b>TANQUERAY NO 10</b>	R55
<b>BOMBAY SAPPHIRE</b>	R45
<b>MALFY</b>	R55
Rosa   Limone   Arancia	
<b>INVERROCHE</b>	R55
Classic   Amber   Verdant	
<b>TONICS</b>	R30
Indian   Pink   Grapefruit   Cranberry   Sugar Free	

## Classic Cocktails

<b>PINK GRAPEFRUIT COLLINS</b>	R90
Bombay Sapphire gin, citrus flavours of lemon, lime & grapefruit	
<b>LONG ISLAND ICE TEA</b>	R95
Five premium spirits incl. Bacardi white rum & Bombay Sapphire gin, lengthened with cola	
<b>STRAWBERRY DAIQUIRI</b>	R85
Bacardi white rum mixed with strawberry & lime juice	
<b>MOJITO</b>	R85
A legendary classic that combines Bacardi white rum, mint & lime	
<b>PINA COLADA</b>	R90
Bacardi, pineapple syrup, Malibu, ice cream & coconut cream	
<b>FROZEN MARGARITA</b>	R95
Tequila, triple sec and lime juice	
<b>BLOODY MARY</b>	R70
<b>MIMOSA</b>	R70
<b>APEROL SPRITZ</b>	R105
<b>LILLET ROSE TONIC</b>	R95
<b>SANGRIA JUG</b>	R160
<b>ROCK SHANDY   STEEL WORKS</b>	R45
<b>DON PEDRO   KAHLUA   IRISH COFFEE</b>	R68